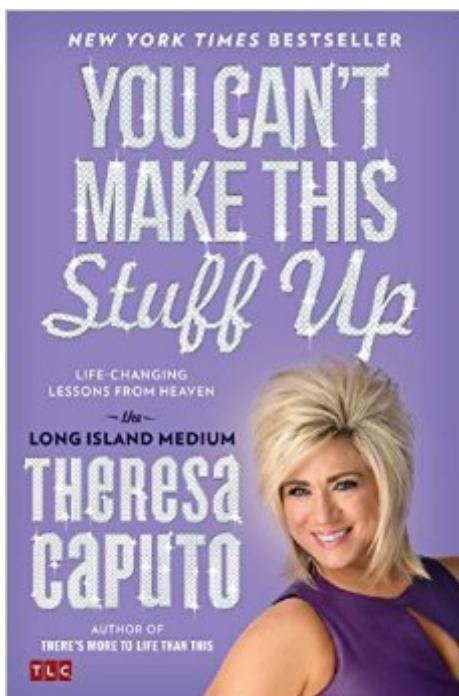


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# You Can't Make This Stuff Up: Life-Changing Lessons From Heaven



## Synopsis

For fans of TLCâ™s Long Island Medium and anyone interested in the big questions of life, death, and everything in between, New York Times bestselling author and medium Theresa Caputo shares the insights and lessons sheâ™s learned through her exceptional gift of communicating with the dead. In her first book, Thereâ™s More to Life Than This, Theresa shared how she discovered her gift and her many encounters with Spirit. Now, in You Canâ™t Make This Stuff Up, an instant New York Times bestseller, Theresa imparts the life-changing wisdom sheâ™s received from Spirit and client readings. Each chapter incorporates a powerful lesson that is made real by Theresaâ™s witty and wise insights. She shares moving client stories and fascinating behind-the-scenes tales from her life and hit reality show to help people find peace and closure and better understand the spiritual world. With lessons revolving around themes such as choice, faith, fear, gratitude, healing, surrender, relationships, compassion, and living each day to the fullest, the book also explores spiritual concepts like angels, heaven, signs, miracles, intuition, dreams, and God. These compelling and healing messages will help guide you toward a happier life by focusing your attention on what really matters to the soul.

## Book Information

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## Customer Reviews

I read Theresa's first book "There's More To Life Than This" and absolutely enjoyed it. I feel the same way about this one. I lost my mother two years ago and couldn't stop grieving, but after reading her books, I have been able to heal and move on with my life. I feel that Theresa has helped

me on a personal level. Thank you so much. You are awesome and I love you with all my heart. Wish I could meet her in person. Shut up!! Lol.

I enjoyed this book. In no nonsense fashion, Theresa Caputo demystifies angels and the after life. Her reaffirming optimism is both refreshing and infectious. As you read her book, layers of what separates and complicates life, disappear and the basic rules of humanity take its place. She urges society to strip away its cynicism, do the right thing and let our "inner" angel glow and grow. Yes, we all have a bit of stardust in our hearts, that grows stronger as we learn to accept it and move in the right direction. She makes sense. I have seen Theresa, had a reading, and it changed my life. If goodness is an energy, then Theresa is filled with it. This book may have opened my eyes about a lot of things, but more importantly, it healed my heart.

It's an interesting approach to the same things covered in her other book "There's More to Life Than This"! While I really enjoy Theresa's writing style, very much like her personality, the book is her beliefs and knowledge of the spirit world again. I would recommend her first book over this one.

This is a great book and teaches and reminds us so much. Life isn't easy but no one said it would be. We are here to learn lessons and embrace life. Theresa does a great job explaining what we are here to learn. I really enjoyed this book and firmly believe that Theresa genuinely wants to help us heal.:)

Excellent! Whether people believe in Caputo's ability or not she is right about why we are living on this plane. I have read many many books on this subject over the years. Thanks to Caputo she has written her books in a simple and clear way for all people to understand.

I read it once, and will read it again. This book has so many valuable insights for healing and living in the here and now. It truly gets down to the basics of why we are here and how we can better our souls and each other through shared experiences.

I love her show and couldn't wait to read this. I read her first book as well and she gives some insight into the afterlife if you're into that kind of stuff. This book can bring you comfort if you have lost a loved one because she talks about what it's like on the other side and even about the purpose of life. It's still a good read even if you're a skeptic.

Theresa- How can you not love this lady!??! If you watch her show, I'm telling you, you must get both of her books! I have enjoyed both of them thoroughly and I think there is a 3rd one out now and I will get that one too. Theresa has really helped me restore my faith and know that my loved ones are with me. Her book answers many questions that you wonder about when watching her show. Oh and the best part is that when reading her books, its almost like you are having a conversation with her, and she is answerig your questions. I really like that because I feel so much of her personality coming through in the book. It's like talking with a girlfriend and asking for honest answers to your questions. I swear If I ever run into her, I will probably be like- Theresa, HI! Like we are long lost friends! I smiled and laughed many times while reading and enjoyed it immensely. Buy, read and enjoy!!!

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